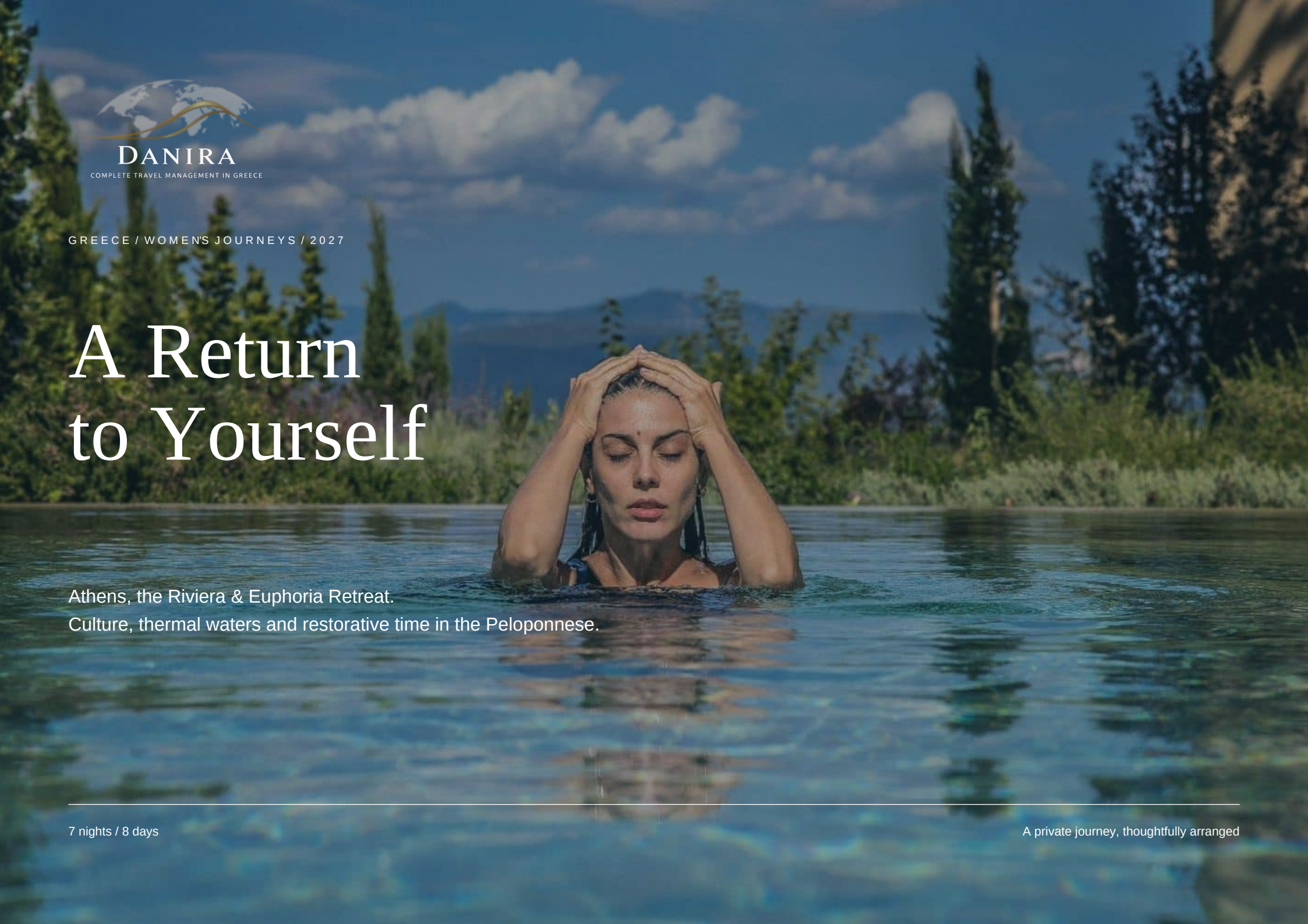
DANIRA
COMPLETE TRAVEL MANAGEMENT IN GREECE

GREECE / WOMEN'S JOURNEYS / 2027

A Return to Yourself



Athens, the Riviera & Euphoria Retreat.
Culture, thermal waters and restorative time in the Peloponnese.

7 nights / 8 days

A private journey, thoughtfully arranged



ATHENS / 2 NIGHTS

An inspiring beginning

Begin in Athens, where ancient history and contemporary city life meet. A private visit to the Acropolis introduces the stories and views that make this a memorable opening to your journey.

There is also room for an unhurried evening, a walk through the city and time to settle into the company of a small group.

Athens Capital or similar

Two nights in a Superior Room, with breakfast, based on double occupancy. A central base for discovering Athens before continuing to the quiet landscapes of the Peloponnese.

Private airport welcome and transfers are included. Dinner on the first evening is selected and paid for separately.

LAKE VOULIAGMENI

A pause in natural thermal waters





A dramatic rocky shore, mineral-rich water and a moment of stillness close to the city. Fed by underground thermal springs, Lake Vouliagmeni offers warm, brackish water at approximately 21-29°C throughout the year.

On the second day, leave time for a relaxed swim before the journey continues. Lake admission, a cabana reservation and itinerary transfers are included.

MYSTRAS / 5 NIGHTS

The luxury of slowing down

Travel from Athens towards Mystras, beneath the green slopes of Mount Taygetus. At Euphoria Retreat, natural surroundings and a peaceful setting create space to step away from everyday demands.

Euphoria Retreat

Five nights in a Superior Deluxe Room, with breakfast, based on double occupancy. The same room category is proposed for every participant.

A private five-day journey, personally created and guided by founder Marina Efraimoglou, combines reflection, experiential group practices and signature spa treatments.

Dates depend on both room availability and the founder's schedule. Five nights accommodate the programme when arrival and departure times are carefully coordinated.





REST / MOVEMENT / SELF-CARE

Space to feel like yourself

A private journey of discovery

Five two-hour Five Elements sessions explore emotions, life choices and personal direction through philosophy, storytelling and experiential practices.

Movement, expression & connection

A forest energy walk, Five Element Dance Therapy, Labyrinth Meditation and a two-hour Drama Therapy workshop enrich the shared experience.

Signature rituals & individual care

A group Byzantine Hammam Ritual (60 min), Five Element Balancing Treatment (50 min), Royal Euphoria Bodywork (80 min) and Salt Room (20 min).

Room to rest, and a connection that lasts

Shared spa facilities and daily wellness classes are included, subject to the timetable and availability. A 60-minute online group follow-up supports reflection after returning home.

YOUR ITINERARY

Days 1-4

01 Welcome to Athens

Meet at Athens Airport and travel in a comfortable luxury vehicle to Athens Capital or a similar hotel. Check in, settle in and enjoy a relaxed first evening. Dinner is selected and paid for separately.

02 The Acropolis & the Riviera

Explore the Acropolis with a private guide, admission and transport included. Continue to Lake Vouliagmeni for a swim in its natural thermal waters and time to relax, with a cabana reservation included. Return to your Athens hotel.

03 From Athens to Mystras

Travel to Euphoria Retreat in a comfortable luxury vehicle. Settle into a Superior Deluxe Room and begin the private five-day retreat, with arrival and the opening session coordinated around the founder's schedule.

04 Reflection & fresh air

Guided Five Elements sessions open a space for reflection and personal discovery. A forest energy walk brings movement and connection with nature. The exact sequence is confirmed for the group.

YOUR ITINERARY

Days 5-8

05 Expression & connection

Continue the Five Elements journey through storytelling and experiential practices. Dance Therapy, Labyrinth Meditation and Drama Therapy are woven into the five-day schedule, with time between activities.

06 Restorative rituals

Enjoy signature treatments and the Byzantine Hammam experience, scheduled across the stay. Shared spa facilities and optional classes complement the retreat. A guided Mystras visit may be added at extra cost if the timetable allows.

07 A beautiful final evening

Complete the retreat journey, with time to rest before a celebratory dinner at Chromata near Mystras. Dinner, non-alcoholic drinks and return transfers are included. A group online follow-up takes place after the journey.

08 The journey home

After breakfast and check-out, travel to Athens Airport in a comfortable luxury vehicle. Allow time for the road journey and onward connections. International flights are not included.

The sequence is indicative. Sessions and treatments are coordinated across five days with the founder and hotel; arrival and departure times are agreed before booking.

CHROMATA / MYSTRAS

Around one table

A shared table and a beautiful setting bring the week to a warm conclusion. Gather at Chromata near Mystras to exchange impressions and enjoy the company of the women you have travelled with.

Dinner, non-alcoholic drinks and return transfers from Euphoria are included. The menu is agreed in advance around the group's preferences.



YOUR JOURNEY

From €4,450

Per person, based on double occupancy in low season.

7 nights / 8 days

Estimate for 10 guests sharing five rooms, based on the hotel's February 2027 offer. A six-room allocation for 12 guests and all other dates require confirmation. Low season extends approximately to mid-April. Nothing is held.

What is included

- 2 nights at Athens Capital, Superior Room, or a similar hotel, with breakfast.
- 5 nights at Euphoria Retreat in a Superior Deluxe Room, with breakfast.
- A private five-day wellbeing programme guided by founder Marina Efraimoglou: five two-hour Five Elements sessions and the group experiences described in this proposal.
- Byzantine Hammam Ritual, Five Element Balancing Treatment, Royal Euphoria Bodywork and Salt Room for each participant.
- A 60-minute online group follow-up after the retreat.
- Access to shared spa facilities and daily wellness classes, subject to timetable and availability.
- All itinerary transfers in a comfortable luxury vehicle.
- Private Acropolis visit with a guide, admission tickets and transport.
- Admission to the thermal waters of Lake Vouliagmeni, including a cabana reservation.
- A celebratory dinner at Chromata with non-alcoholic drinks and return transfers.

BEFORE YOU TRAVEL

Thoughtfully arranged. Individually confirmed.

Your final quotation

The proposed Superior Deluxe allocation and private programme are subject to availability and written confirmation. Retreat dates also depend on the founder's schedule. A 20% deposit is required on confirmation; the balance schedule and cancellation terms are agreed for the selected dates.

Additional costs & arrangements

Not included: international flights, insurance, personal expenses, meals outside the stated inclusions and additional activities or treatments. Breakfast is included; additional hotel lunches and dinners are available at a supplement.

The Climate Resilience Tax is excluded and payable locally. A guided Mystras visit, entrance fees, transport and off-property meals are quoted separately. Tax and rates for other periods require confirmation.

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LET US ARRANGE YOUR JOURNEY

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